

# OBLIVION

B E A U T Y & S P A

## *Massages*

<b>Back, neck and shoulders</b> (40 min)	\$75
<b>Relaxing</b> (60 min)	\$90
<b>Hot Stones</b> (60 min)	\$100
<b>Deep Tissue</b> (60 min)	\$110
<b>Therapeutic</b> (60 min)	\$120
<b>Full Body</b> (90 min)	\$125
<b>Deep Tissue</b> (90 min)	\$175

## *Body Treatments*

<b>Exfoliation:</b> chocolate, lavender or strawberry (60 min) <i>(applied with medium pressure massage)</i>	\$135
<b>Chocotherapy</b> (90 min)	\$180
<b>Milk, honey &amp; chocolate</b> (90 min) <i>(90 min therapies include massage &amp; facial)</i>	\$210

## *Manicure + Pedicure*

<b>Regular</b> (60 min)	\$60
<b>Semipermanent</b> (1.5 / 2hs)	\$80

## *Scottish shower or Hydromassage tub*

30 minutes use	\$25
45 minutes use	\$30

## *Facial Treatments*

<b>Deep cleansing</b> (60 min)	\$120
<b>Peeling cleansing</b> (60 min)	\$145

## *Waxing*

<b>Eyebrows, lips and armpits</b>	\$60
<b>Arms and armpits</b>	\$70
<b>Legs</b>	from \$55 to \$70
<b>Bikini</b>	from \$55 to \$70
<b>Back</b>	from \$55 to \$70

## *Special Combos*

<b>Relaxing massage + Deep body Exfoliation + Facial</b> (90 min) <i>(facial to choose between refreshing, hydrating or chocolate)</i>	\$175
<b>Tired legs + neck and shoulders massage + Facial chocolate</b> (70 min)	\$145

## *Special Combos for Two*

<b>Relaxing massage + refreshing facial</b> (60 min)	\$260
<b>Coffee exfoliation + black clay wrap</b> (70 min)	\$320
<b>Therapeutic massage + coconut exfoliation</b> (70 min)	\$340
<b>Full body massage + white clay facial</b> (90 min)	\$340

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## *Massages*

**Back, neck and shoulders:** *medium pressure, relaxing, special technique on neck & shoulders.*

**Relaxing:** *medium pressure indicated to relax, muscle contractures are not treated.*

**Hot stones:** *brief relaxing manual massage followed by the stones massage and the placing of them on specific points of the body (not recommended for sensitive skin).*

**Deep Tissue:** *performed with more intense pressure than the relaxing but not decontracting.*

**Therapeutic:** *being the one with the highest pressure, it is ideal for decontract, it includes a special shoulder massage and is combined with joint stretching techniques.*

**Full Body:** *70 min of relaxing massage with medium pressure, includes neck and shoulder massage. Concludes with a basic refreshing facial treatment*

## *Body Treatments*

**Chocotherapy:** *brief relaxing massage + full body exfoliation + body wrap + facial treatment*

**Milk, honey & chocolate:** *medium pressure relaxing massage made with cream and chocolate oil + full body exfoliation + milk and honey mask on face and body*

**Exfoliations:** *Relaxing medium-pressure massage ending with deep, full-body exfoliation (also offered in a package with facial treatment!)*

## *Facial Treatments*

**Deep facial cleansing:** *basic cleaning + exfoliation + use of steam and ozone therapy + high frequency application*

**Peeling facial cleansing:** *basic cleansing + exfoliation + use of steam and ozone therapy + high frequency application + ultrasonic peeling to extract impurities*

## *Recommendations and Contraindications*

If you have **pre-existing injuries or ailments**, please inform the therapist.

Although we have a shower in the Spa, we appreciate that you show up already **showered**

Request your **robe** at Reception (*subject to availability*).

The **Hydromassage** and the **Scottish Shower** may have **contraindications** in cardiac patients and others, if in doubt, consult at Reception.

**Cancellations** 2 hours or less before treatment will be charged in full anyway.